

Psychology provides a solid overview of the field's major domains: methods, biopsychology, cognitive and developmental psychology, and variations in individual and group behavior.

By focusing on significant scientific research and on the questions that are most important to psychologists, students see psychology as an evolving science. Each topic clusters around challenge questions, such as "What is happiness?" Students answer these questions before, during, and after they interact with direct instruction.

The content is based on the American Psychological Association's National Standards for High School Psychology Curricula. The teaching methods draw from the National Science Teachers Association (NSTA) teaching standards.

Length: One Semester

UNIT 1: PSYCHOLOGY AS A SCIENCE

LESSON 1: WHAT GOOD IS PSYCHOLOGY?

Study: What Good Is Psychology?

Consider why people often "make sense," while at other times they do things that make no sense at all.

Duration: 0 hr 15 min Scoring: 0 points

Study: Grand Questions of Psychology

Learn about the field of psychology by looking at some of the big questions that psychologists are trying to answer.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Grand Questions of Psychology

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min

Scoring: 30 points

Read: Careers in Psychology

Learn about some of the main career paths within psychology.

Duration: 0 hr 30 min

Scoring: 0 points

Journal: Can Science Answer It?

Choose a question about people that is especially interesting to you. How is it related to any of the big questions that psychologists are studying? Do you think that science can answer your question?

Duration:
0 hr 40 min Scoring: 30 points

LESSON 2: CORRELATION VERSUS CAUSATION

Study: Poll: Correlation versus Causation

Do full moons cause more crime? Do dogs and cats reduce heart disease in humans? Learn about whether one thing can cause another to happen, and take a poll to record what you think.

Duration:
0 hr 15 min Scoring: 0 points

Study: Correlation versus Causation

"People who are taking psychology courses are less likely to have heart attacks than other people." Get to the bottom of statements like this.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Correlation versus Causation

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min
Scoring: 30 points

Discuss: What's Going on Here?

Take a look at your answers to the poll at the beginning of this lesson. Were any of your ideas about correlation and causation wrong? How would you change them?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 3: OBSERVATIONAL STUDIES

Study: Poll: Observational Studies

Consider a situation in which you and your friends witnessed the same event but later disagreed on what you saw.

Duration: 0 hr 15 min Scoring: 0 points

Study: Observational Studies

Learn about surveys and other types of information-gathering studies in which the researcher does not exert control over the subjects.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Observational Studies

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring:
30 points

Practice: Help to Design a Survey

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Help to design a survey on a topic that interests you.

Duration: 1 hr Scoring: 50

points

LESSON 4: EXPERIMENTS

Study: Poll: Experiments

Think about an experiment that would answer the question, "Can people really learn about math or history by playing a video game?"

Duration: 0 hr 15 min Scoring: 0 points

Study: Experiments

Learn about studies in which the researcher exerts control over the subjects and observes how they react.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Experiments

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Read: Ethics in Experiments: Don't be Cruel

Learn why and how scientists must now show their experimental designs to review boards to make sure that the human subjects will not be harmed.

Duration: 0 hr 30 min Scoring: 0 points

Discuss: Level Up in the Video Game Experiment

Take a look at your answers to the poll at the beginning of this lesson. How would you improve on your design?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 5: PSYCHOLOGY AS A SCIENCE WRAP-UP

Review: Psychology as a Science

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50 min

Scoring: 0 points

Test (CS): Psychology as a Science

Take a computer-scored test to assess what you have learned in this unit.

Duration: 0 hr 40 min Scoring: 50 points

Test (TS): Psychology as a Science

Take a teacher-scored test to assess what you have learned in this unit.

Duration:
0 hr 40 min Scoring: 50 points

LESSON 6: DIAGNOSTIC

Diagnostic: Psychology as a Science

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 2: THE BRAIN AND THE BODY

LESSON 1: THE NERVOUS SYSTEM AND ENDOCRINE SYSTEM

Study: Poll: How Many Nervous Systems?

Share your thoughts about the many things your nervous system does.

Duration: 0 hr 15 min Scoring: 0 points

Study: A Tour of the Nervous System

Learn about the different systems that make up our nervous system, including the central nervous system, which includes the brain.

Duration: 0 hr 35 min Scoring: 0 points

Read: The Endocrine System

Learn about another system in your body that affects (and is affected by) the nervous system.

Duration: 0 hr 30 min Scoring: 0 points

Quiz: The Nervous System and Endocrine System

Take a quiz to assess your understanding of the material.

Duration:

0 hr 25 min Scoring: 30 points

Journal: Thoughts and Feelings

Try to solve a puzzle while you pay attention to your feelings and your actions.

Duration: 0 hr 40 min Scoring: 30 points

LESSON 2: THE BRAIN

Study: Poll: What is Most Impressive?

Consider what the human brain can do that computers cannot.

Duration: 0 hr 15

min Scoring: 0 points

Study: A Tour of the Brain

Learn the parts of the brain and what they do.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: The Brain

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: Think about A Robot Brain

Apply what you have learned about the brain by thinking about what a robot's brain would need to do if it were to act like a human.

Duration: 0 hr 25 min Scoring: 15 points

LESSON 3: SENSATION**Study: Poll: Can you Sense It?**

Answer some questions about what senses are made of.

Duration: 0 hr 15 min Scoring:

0 points

Study: Sensation

Learn how the human body senses information, from within and from without.

Duration: 0 hr 35 min

Scoring: 0 points

Quiz: Sensation

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: Experience that Sense Again

Take a look at your answers to the poll at the beginning of this lesson. Given what you have learned, how do you think of your senses differently?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 4: PERCEPTION AND THE EMBODIED MIND**Study: Poll: What do you See?**

Look at images and answer poll questions about what you see.

Duration: 0 hr 15 min

Scoring: 0 points

Study: Perception and the Embodied Mind

Learn how your senses and your body form a sense of where you are and what is happening.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Perception and the Embodied Mind

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25
min Scoring: 30 points

Practice: Perception and Metaphors

Use what you have learned about perception and the embodied mind to make discoveries about how you think.

Duration: 1 hr Scoring: 50 points

LESSON 5: THE BRAIN AND THE BODY WRAP-UP

Review: The Brain and the Body

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50 min
Scoring: 0 points

Test (CS): The Brain and the Body

Take a computer-scored test to assess what you have learned in this unit.

Duration:
0 hr 40 min Scoring: 50 points

Test (TS): The Brain and the Body

Take a teacher-scored test to assess what you have learned in this unit.

Duration: 0
hr 40 min Scoring: 50 points

LESSON 6: DIAGNOSTIC

Diagnostic: The Brain and the Body

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 3: THINKING, FEELING, AND CONSCIOUSNESS

LESSON 1: WHAT IS CONSCIOUSNESS?

Study: Poll: What is Consciousness?

Construct your definition of consciousness.

Duration: 0 hr 15 min Scoring: 0 points

Study: Consciousness

Learn about what it means to be conscious, and what our brains do to make us conscious.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Consciousness

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Journal: Interview with a Robot

Revisit the answers you gave in the Polls at the beginning of this lesson, and write a story about an interview with a robot that is trying to prove that it is conscious.

Duration: 0 hr 40 min Scoring: 30 points

LESSON 2: THINKING AND FEELING

Study: Poll: How Do You Choose?

Think about what it means to "go with your gut." Consider whether feelings are separate from thinking or whether they are closely related.

Duration: 0 hr 15 min Scoring: 0 points

Study: Cognition and Emotions

Learn some of the major theories about thinking and feeling.

Duration: 0 hr 35 min

Scoring: 0 points

Quiz: Cognition and Emotion

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring:

30 points

Discuss: Rethinking Thoughts and Emotions

Go back to your poll answers at the beginning of this lesson. How have your ideas changed about the ways in which thoughts affect emotions and emotions affect thoughts?

Duration: 0 hr 25 min

Scoring: 15 points

LESSON 3: MEMORY

Study: Poll: What Do You Remember?

Think about why we remember some things but forget others.

Duration: 0 hr 15

min Scoring: 0 points

Study: Memory

Learn about significant theories on memory.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Memory

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: Have Your Memories Changed?

Go back to your poll answers at the beginning of this lesson. How have your ideas changed about why we remember some things and forget others?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 4: SLEEP AND DREAMING

Study: Poll: Sleep and Dreaming

Consider how much sleep you need and why you need it.

Duration: 0 hr 15 min

Scoring: 0 points

Study: Sleep, Dreaming, and Sleep Disorders

Learn about these altered states of consciousness from the standpoint of scientific research.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Sleep and Dreaming

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30

points

Practice: Why Do We Sleep?

Write your best explanation of why people sleep and dream and how you would test your explanation.

Duration: 1 hr Scoring: 50 points

LESSON 5: THINKING, FEELING, AND CONSCIOUSNESS WRAP-UP

Review: Thinking, Feeling, and Consciousness

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50 min Scoring: 0 points

Test (CS): Thinking, Feeling, and Consciousness

Take a computer-scored test to assess what you have learned in this unit.

Duration: 0 hr 40 min Scoring: 50 points

Test (TS): Thinking, Feeling, and Consciousness

Take a teacher-scored test to assess what you have learned in this unit.

Duration: 0 hr 40 min Scoring: 50 points

LESSON 6: DIAGNOSTIC

Diagnostic: Thinking, Feeling, and Consciousness

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 4: DEVELOPING THROUGHOUT LIFE

LESSON 1: DIMENSIONS OF DEVELOPMENT

Study: Poll: What is Development?

Consider some questions about how you have changed and developed.

Duration: 0

hr 15 min Scoring: 0 points

Study: Dimensions of Development

Learn about the dimensions of physical, mental, and social development.

Duration:

0 hr 35 min Scoring: 0 points

Quiz: Dimensions of Development

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min

Scoring: 30 points

Discuss: What Does Development Look Like?

Take a look at your answers to the poll at the beginning of this lesson.

How have your ideas about development changed?

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Duration: 0 hr 25 min Scoring: 15 points

LESSON 2: THEMES OF DEVELOPMENT

Study: Poll: How Have You Changed?

Imagine reunions with your classmates in 20 years 30 years and 40 years. How do you think you will change and how will you stay the same?

Duration: 0 hr 15 min Scoring: 0 points

Study: Themes of Human Development

Learn about the questions that developmental psychologists have debated, and that form themes running through all dimensions and stages of development.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Themes of Development

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring:
30 points

Journal: Interview an Older Person

Interview someone who is 60 or older. Ask this person how he or she has both changed and stayed the same since he or she was your age.

Duration: 0 hr 40 min Scoring: 30 points

LESSON 3: COGNITIVE AND LANGUAGE DEVELOPMENT IN CHILDHOOD

Study: Poll: Misconceptions

Consider some questions about your own misconceptions, and how you discovered and changed them.

Duration: 0 hr 15 min Scoring: 0 points

Study: Cognitive and Language Development in Childhood

Learn about how thinking and language develop early in life.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Cognitive and Language Development in Childhood

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: Misconceptions

Take a look at your answers to the poll at the beginning of this lesson. How have your ideas changed about the kind of parent you would like to be?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 4: LIFE STAGES AND MORAL DEVELOPMENT

Study: Life Stages and Moral Development

Consider questions on what marks the difference between life stages.

Duration: 0 hr 15 min Scoring: 0 points

Study: Life Stages and Moral Development

Learn how psychologists have defined life stages, and learn about studies of moral development.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Life Stages and Moral Development

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25

min Scoring: 30 points

Practice: Developing Throughout Life

Write about how people develop through life stages.

Duration: 1 hr Scoring: 50

points

LESSON 5: DEVELOPING THROUGHOUT LIFE WRAP-UP

Review: Developing throughout Life

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50

min Scoring: 0 points

Test (CS): Developing throughout Life

Take a computer-scored test to assess what you have learned in this unit.

Duration: 0 hr 40 min Scoring: 50 points

Test (TS): Developing throughout Life

Take a teacher-scored test to assess what you have learned in this unit.

Duration: 0 hr 40 min Scoring: 50 points

LESSON 6: DIAGNOSTIC

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Diagnostic: Developing throughout Life

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 5: SOCIAL PSYCHOLOGY

LESSON 1: ATTRIBUTION AND ATTITUDES

Study: Poll: Whose fault Was it?

Consider whether free will really does exist, and think about what this implies about people being accountable for their actions.

Duration: 0 hr 15 min Scoring: 0 points

Study: Attribution and Attitudes

Consider the reasons for people's actions and why they may hold themselves accountable or attribute their actions to their circumstances.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Attribution and Attitudes

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring:

30 points

Journal: Attribution and Attitudes

Write about what causes people to behave or react in a certain way.

Duration: 0 hr

40 min Scoring: 30 points

LESSON 2: CONFORMITY AND OBEDIENCE

Study: Poll: Abu Ghraib

Think about U.S. soldiers' actions at the Abu Ghraib prison, and consider whether it was their own choice or their circumstances that led them to act as they did.

Duration: 0 hr 15 min Scoring: 0 points

Study: Conformity and Obedience

Consider how much influence other people exert on our behavior.

Duration: 0 hr 35

min Scoring: 0 points

Quiz: Conformity and Obedience

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min

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Scoring: 30 points

Discuss: Abu Ghraib

Take a look at your answers to the poll at the beginning of this lesson. Does the Prison Experiment change your thinking on whether the people or the system was to blame?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 3: SOCIAL RELATIONSHIPS

Study: Poll: Social Relationships

Think about why we are attracted to some people more than others.

Duration: 0 hr 15

min Scoring: 0 points

Study: Friendship, Love, and Attraction

Consider how we are attracted to one another and whether there are different kinds of love.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Friendship, Love, and Attraction

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min

Scoring: 30 points

Discuss: Why Are You Friends?

Take a look at your answers to the poll at the beginning of this lesson. How have your ideas about attraction changed?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 4: GROUP CONFLICT AND GROUP INTERACTION

Study: Group Conflict and Group Interaction

Consider how people think of themselves as part of a group and whether it is necessary to see the world as divided between "us" and "them."

Duration: 0 hr 15 min Scoring: 0 points

Study: Group Conflict and Group Interaction

Learn how groups interact with each other by cooperating, fighting, or a combination of both.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Group Conflict and Group Interaction

Take a quiz to assess your understanding of the material.

Duration: 0 hr

25 min Scoring: 30 points

Practice: Intergroup Conflict

Use what you have learned to write about how intergroup conflict might be prevented.

Duration: 1 hr Scoring: 50 points

LESSON 5: SOCIAL PSYCHOLOGY WRAP-UP

Review: Social Psychology

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50 min Scoring:

0 points

Test (CS): Social Psychology

Take a computer-scored test to assess what you have learned in this unit.

Duration: 0 hr

40 min Scoring: 50 points

Test (TS): Social Psychology

Take a teacher-scored test to assess what you have learned in this unit.

Duration: 0 hr 40

min Scoring: 50 points

LESSON 6: DIAGNOSTIC

Diagnostic: Social Psychology

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 6: DISORDERS AND WELLNESS

LESSON 1: MENTAL ILLNESS

Study: Poll: What Is Normal?

Consider the difference between being normal and not normal, and whether such a distinction really exists.

Duration: 0 hr 15 min Scoring: 0 points

Study: What Are Psychological Disorders?

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Learn how labels such as "mentally" ill are applied and misapplied, and learn how attitudes toward mental illness have changed.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Mental Illness

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: What Is Normal?

Take a look at your answers to the poll at the beginning of this lesson. Have your ideas about mental illness changed?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 2: ANXIETY AND MOOD DISORDERS

Study: Poll: Anxiety and Mood Disorders

Consider how to help a friend who has been feeling sad or anxious for many days.

Duration: 0 hr 15 min Scoring: 0 points

Study: Anxiety and Mood Disorders and Their Treatments

Learn about the most common types of psychological disorders and about common methods of treatment.

Duration: 0 hr 35 min Scoring: 0 points

Explore: Preventing Suicide

Learn about the warning signs of suicide and how to help someone who is suicidal.

Duration: 0 hr 15 min Scoring: 0 points

Quiz: Anxiety and Mood Disorders

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min

Scoring: 30 points

Journal: Anxiety Disorders, Mood Disorders, and Stigma

Write about how a better understanding of mental illnesses can remove social stigmas and help people seek treatment.

Duration: 0 hr 40 min Scoring: 30 points

LESSON 3: DISSOCIATIVE DISORDERS AND AND SCHIZOPHRENIA

Study: Poll: Schizophrenia

Consider what comes to your mind and other people's minds when they hear that someone

has a schizophrenic disorder.

Duration: 0 hr 15 min Scoring: 0 points

Study: Dissociative Disorders and and Schizophrenia

Learn about these disorders and common treatments for them.

Duration: 0 hr 35 min Scoring: 0 points

Quiz: Dissociative Disorders and and Schizophrenia

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30 points

Discuss: What Are Dissociative Disorders and and Schizophrenia?

Take a look at your answers to the poll at the beginning of this lesson. How have your ideas changed about these disorders?

Duration: 0 hr 25 min Scoring: 15 points

LESSON 4: POSITIVE PSYCHOLOGY AND HAPPINESS

Study: Poll: What Is Happiness?

Consider what defines "happiness."

Duration: 0 hr 15 min Scoring: 0 points

Study: Positive Psychology and Happiness

Learn theories about happiness and well-being.

Duration: 0 hr 35 min

Scoring: 0 points

Quiz: Positive Psychology

Take a quiz to assess your understanding of the material.

Duration: 0 hr 25 min Scoring: 30

points

Explore: The Geography of Happiness

Duration: 0 hr 20 min Scoring: 0 points

Practice: Happiness

Given what you have learned in this lesson, write about what tends to make people happy.

Duration: 1 hr Scoring: 50 points

LESSON 5: DISORDERS AND WELLNESS WRAP-UP

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Review: Disorders and Wellness

Prepare for the unit test by reviewing key concepts and skills.

Duration: 0 hr 50 min

Scoring: 0 points

Test (CS): Disorders and Wellness

Take a computer-scored test to assess what you have learned in this unit.

Duration:

0 hr 40 min Scoring: 50 points

Test (TS): Disorders and Wellness

Take a teacher-scored test to assess what you have learned in this unit.

Duration: 0

hr 40 min Scoring: 50 points

LESSON 6: DIAGNOSTIC

Diagnostic: Disorders and Wellness

Take a diagnostic unit test that will generate a study plan based on your responses.

Duration: 0 hr 25 min Scoring: 20 points

UNIT 7: PSYCHOLOGY REVIEW AND EXAM

LESSON 1: PSYCHOLOGY REVIEW AND EXAM

Review: Psychology

Prepare for the exam by reviewing key concepts covered in this course.

Duration: 3 hr Scoring: 0

points

Exam: Psychology

Take a computer-scored exam to demonstrate your mastery of concepts and skills covered in this course.

Duration: 1 hr 30 min Scoring: 60 points

Final Exam: Psychology

Take a teacher-scored exam covering important concepts and skills throughout the course.

Duration: 0 hr 50 min Scoring: 60 points